



BEING INCLUSIVE FOR ALL ABILITIES



Carey Shanley
Wellbeing Manager, Excellus
BlueCross BlueShield



Carey Shanley is a Workplace Wellbeing Manager with Excellus BlueCross BlueShield. She has decades of experience in wellness leadership and strategic communications for Fortune 500 companies including Montblanc, Verizon Wireless, and Samsung. Since joining Excellus BCBS in 2019, Carey has helped expand the organization's impact on workplace wellbeing initiatives to enhance the circle of care for its members. Carey believes that an employee wellbeing program is something that should be fun, rewarding, inclusive, and inspiring for employees and should meet each individual where they are on their road to good health. Infusing her work with passion and creativity, Carey's goal is to ensure that employee wellbeing becomes an integral part of every workplace.